#### An antidote to 'Stuffocation'

Over the Christmas period I read an article suggesting that in these modern times we have a tendency to suffer from 'Stuffocation', that is, we have so much material and technological 'stuff' in our lives that it can all become rather suffocating at times. The author of the article was promoting the need for enjoyable experiences as an antidote to the overcrowded and demanding nature of the stuff of everyday life.

It is clear to me, from chatting with and observing people at the property, that Tredegar House & Park is an oasis for many of our visitors and volunteers. The natural beauty of the historic park landscape that remains, the characterful quirks and peaceful nature of our beautiful walled gardens and the unique quality of the interiors, from the opulent Gilt Room to the Bell's Passage and Below Stairs areas amount to the perfect place for many to escape from the daily grind. This special place and our desire to protect it for the benefit of future generations is the reason why we all work so hard and are so passionate about what we do.

We will secure the future of Tredegar House by sharing it with visitors from local communities and further afield such that they understand and can contribute to the extraordinary amount of resources required to look after an historic landscape and mansion house. We hope that people will visit again and again to see how the place changes over time as we slowly begin to restore and develop the property.

Yesterday, we met as a property team to review and agree our events programme for the coming year. Our events are an important way of encouraging people to visit regularly, raising funds and sharing our story. We hope to see you all joining in our exciting journey and welcome you to join us on the following dates (for further information please see the website or phone 01633 815 880):

Oth Ech	House & Gardens re-onen	(Below Stairs only while we finish the
9th Feb	House & Gardens re-open	(Delow Stall's Offiny Writte we liftlish the

spring cleaning!)

9th – 17th Feb Family fun for February Half term with a garden trail, crafts in

the Orangery & storytelling in the house

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1st March Whole House re-opens for St David's Day

29th Mar – 1st Apr Easter crafts and outdoor activities; Easter egg trails

(31st Mar-1st Apr)

31st Mar BBC Radio 3 Live Broadcast 'Brecon Baroque' concert in

Riding School

10th-12th May Folk Festival

18th May Isca Woodcraft Show

27th May Pirate Day

15th Sept Vintage Car Rally

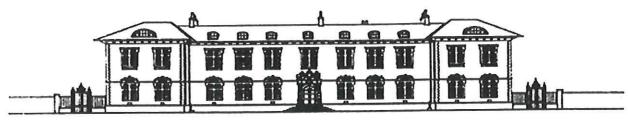
5th Oct Welsh National Opera Event

28 Oct – 1 Nov Spooky Family Fun for Half term

29th Nov – 1st Dec Made By Hand Craft Fair

December Christmas event (details tbc)

Joanna Cartwright, Property Manager



# THE FRIENDS OF TREDEGAR HOUSE

Registered Charity No. 518513

#### **Pull-Out Section**

# **Application Forms**

The central four-page section contains application forms.

For event requests, please send the entire form (this will be returned to you with your tickets)

To- Mrs Judith Rice, 206 Tregwilym Road, Rogerstone, Newport NP10 9EQ

Email: judithrice@btconnect.com Tele No. 01633—894108

All cheques are made Payable to:-

The Friends of Tredegar House

Please include a stamped self-addressed envelope

If you wish several applications may be included on the same cheque.

#### **EDITORIAL TEAM**

Anne Pegington, Annie Parker, Judith Rice Ken Edwards and Savanna Dumelow Pam Netherway

The newsletter is printed in January, April, July and October

Visit our Website for up-to-date information, news and contact details.

www.friends-of-tredegar-house.co.uk

# Friends of Tredegar House Booking Form

## Please note non members are very welcome to all our events, just add £1.00 for their ticket

NameTele .No		
Adress		
Email		
Day Trip Thursday 27th June 2013		
Our Summer day trip this year is to Lacock Country House with monastic roots, once home to William Henry Fox Talbot. We will be leaving Tredegar House Car Park at 10.00am prompt.		
We will be arriving at Lacock at approximately 11.30am		
Set in rural Wiltshire, Lacock village is famous for its picturesque streets, historic buildings and more recently as a TV and film location.		
The Abbey, located at the heart of the village within its own woodland grounds, Is a quirky country house of various architectural styles, built upon the foundations of a former nunnery. Visitors can experience the atmosphere of the medieval rooms and cloister court, giving a sense of the Abbey's monastic past.		
The Museum celebrates the achievements of former Lacock resident William Henry Fox Talbot, famous for his contributions to the invention of photography.		
We shall be leaving Lacock no later than 17.00 arriving in Newport between 18.30 to 19.00hrs.		
Abbey (Cloisters & Rooms), Grounds, Museum & Exhibition plus coach = £20.00		
Abbey (Cloisters only), Grounds, Museum & Exhibition plus coach =£17.00		
Coach only for National Trust Members £11.00 each		
No. of tickets requiredSum		
BOOK EARLY NOT TO BE DISAPPOINTED		

BALANCE WILL BE REQUIRED NO LATER THAN 16TH MAY (SIX WEEKS

PRIOR TO TRIP)

# **FEBRUARY TALK WEDNESDAY 13TH**

In the Morgan Room 2.00pm for 2.30pm Speaker— Michele Lewis Subject -Past Pupils who attended St Joseph Convent High School, Tredegar House during the 50's and early 70's

#### MARCH TALK WEDNESDAY 13TH

In the Morgan Room 2.00pm for 2.30pm Speaker— Ralph Diaper Subject -European Travel with Musical Memories

#### **APRIL TALK WEDNESDAY 10TH**

In the Morgan Room 7.00pm for 7.30pm Speaker - Paul Busby Subject -Hush, Hush, the peculiar career of Lord Tredegar and it will also focus on Evan's adventures in the Second world war!! 

## **ANNUAL GENERAL MEETING WEDNESDAY 24TH APRIL VENUE MORGAN ROOM AT TREDEGAR HOUSE COMMENCING AT 7.00PM**

On completion of the official business of the A.G.M. light refreshments will be served. Wine and soft drinks wil also be available.

Speaker - To be confirmed

Light refreshments will be served please advise if attending for Catering purposes.

Name of person attending .....